

Narborough Newsletter for week ending 9TH OCTOBER 2026

The Nar Valley Federation of Church Academies

Executive Headteacher: Mrs Anne Neary
Web: www.narvalleyfederation.co.uk

Dear Parents and Carers,

Autumn has certainly brought a few changes this week: misty mornings, wet days interspersed with moments of sunshine, and visibly shorter days. Please ensure that your child/ren have their coats in school every day as the weather is very unpredictable and changeable at the moment. This week, Squirrels class were absolutely buzzing, desperate to show me their pumpkins that they had made from clay in the style of Yayoi Kusama. They looked amazing! I also saw Otters really enjoying their investigation about air resistance by testing different parachutes. No children were harmed (a small toy was used in place of real children). It was also great to see some new faces at our stay and play on Thursday afternoon. Open to all 2-4 year olds 2pm-2.45pm every Thursday

Congratulations to the values ambassadors Ariah, Sienna, Athea, Reggie, Harrison W, Lily C, Edward, Sophie & Evie D for receiving the Good Samaritan award this week. They were nominated for demonstrating responsibility and taking their role seriously. Keep up the good work!

Upcoming Events

See Diary Dates for details.....

13th October - 9.30am Harvest Festival Service at All Saints Church, all welcome.

16th October - Tempest Photographer to take individuals and siblings

20th October - Fundraising afternoon tea, cake & preloved uniforms (see information adajcent)

22nd October - last day of term. We return on Monday 2nd November

22nd October - Cross Country at TNHA - Y3-6

Celebration Worship

Celebration Worship on a Friday: every Parents/Carer is welcome to our Celebration worship at 2.45pm each week whether your child is receiving a certificate or not - you are very welcome to come and be spiritually uplifted by the joy of our children's achievements and we'll always be delighted to see you!

Weekly attendance Award

Class	%
Hedgehogs	94.8%
Squirrels	95.5%
Foxes	96.1%
Otters	97.1%
Whole School	95.9%

Well done Otters,
our winners this
week and well done
foxes.



Reminders and Information....

After the incredible kindness and success of last year's Christmas appeal, we are thrilled to bring back our Christmas Hamper Raffle and Pre-Loved Jumper Sale!

To make this year just as successful, we are kindly asking for your support and donations:

- Christmas Hampers: We welcome food items, chocolates, festive treats, toiletries, bottles, or new/unused gift items.
- Jumper Sale: Christmas or winter jumpers for adults or children.

We know the sun is still shining and this may feel premature, but wanted to give as much notice as possible. Thank You.

We are holding a fundraising afternoon on the **20th October** from 2.45pm in the school hall to raise money for our upcoming school trips!

We would love for our school families to come along, enjoy some refreshments, and have a catch-up before the children finish, or once you have collected them.

How you can help:

Bake or Donate: We would be incredibly grateful for any donations of cakes, bakes, or biscuits that we can sell on the day.

Shop Pre-Loved: We will also be running a pre-loved uniform stall, so you can grab some essentials while supporting a great cause.

Donations for baked good to the office on the 19th or the morning of the 20th. (Please be allergy aware)

PE DAYS

Hedgehogs

WEDNESDAY

Squirrels

TUESDAY & FRIDAY

Foxes

TUESDAY & THURSDAY

Otters

WEDNESDAY & FRIDAY

Please make sure the children have their trainers and kits in school for these days

family
hubs



Military Families: Faraway Families Club

Military Club with Mrs Jary is every Thursday lunchtime. Come along, eat your lunch, bring a friend and chat! Our other service children at Castle Acre and Spore meet online with us each week.

We're proud of our Service personnel and proud to support our service families. We have strong links with the RAF base and look forward to our involvement in events.

AWARDS

The Nar Valley Federation of Church Academies

 Hedgehogs Class 	Award	Goes to...	For.....
	Reader of the week	Emily	Amazing recall of the sounds we have been learning in phonics
	Writer of the week 	Maga	Super letter formation and using Fred fingers to write her first word
	Mathematician of the week 	Evie	Great explanation of how to make numbers 3 and 4
	Shining Light	Oskar	Being super helpful to tidy up
	Reads at home	Well done to	Oskar for 10 reads Austin, Finley and Joshua for 25 reads 

Our week in class

Hedgehogs:

Hedgehogs Class have enjoyed reading 'Owl Babies' and have been building nests out of natural materials.

They have also enjoyed playing with playdoh and trying to make different shapes.



AWARDS

The Nar Valley Federation of Church Academies

Squirrels Class	Award	Goes to...	For.....
	Reader of the week	Lottie	incredible effort reading in her phonics group.
	Writer of the week 	Kobey	sounding out words when writing them and trying really hard to write smaller letters.
	Mathematician of the week 	Edward	adding three numbers together successfully.
	Shining Light 	Evie	listening to instructions and following them calmly and quickly.
	Reads at home 	25 reads 25 reads	Charley Emma

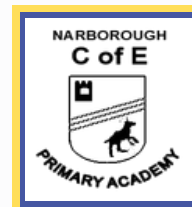
Our week in class

Squirrels

Squirrels Class have enjoyed using tens frames in maths to count.

They have also enjoyed writing facts about castles in English and learning about life cycles in Science.





AWARDS



Foxes Class

Award	Goes to...	For.....
Reader of the week	Harrison	great focus in reading and constantly referring back to the text to find the answer.
Writer of the week 	Raffy	completing an extended piece of writing, using paragraphs and reading back to spot missing words.
Mathematician of the week 	Lizzie	accurately beginning to round numbers to 10 and 100.
Shining Light 	Joey	being a fantastic role model and supporting classmates with their reading.
Tackling Tables	Well done to	Joey
Reads at home 	Well done to	Oliver B and Jasper for 25 reads.

Our week in class

Foxes:

Foxes have enjoyed practising and developing their football skills in PE.

In Maths, they have enjoyed rounding numbers to the nearest 10 and 100.

They have also enjoyed learning how to play the ukulele in music.



AWARDS

Award	Goes to...	For.....
Reader of the week	Oliver	good participation during reading sessions this week.
Writer of the week	Ellie	excellent effort in spelling lessons this week.
Mathematician of the week	Bow	reflecting on her own learning, identifying areas for improvement and experiencing success, particularly with percentage problems.
Shining Light	Luna	consistently trying her best in all lessons, being respectful to others and being a good role model.
Tackling Tables	Well done to	Bow, Chloe and Huighie for achieving tackling tables certificates this week
Reads at home	Well done to	Thea for achieving 25 reads at home.

Our week in class Otters:

Otters Class have enjoyed their fitness, performing different exercises such as push-ups, sit-ups and star jumps.

They have also their RE, looking at different prayer mats and designing their own.





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Safeguarding

If you are interested in a free webinar regarding learning about Technology-Assisted Sexual Abuse of children please contact Mrs Neary

Healthy mind, healthy body

Our vision is that mental health and wellbeing is understood as 'healthy body, healthy mind' and that proactively looking after your mental health is seen both as a strength and a necessity and that seeking support is stigma-free. As a Christian and values-led Federation, this is what we want for our staff team, our children and our families: Our approach for our staff team is having a culture of vigilance - knowing your colleagues and watching out for changes to their usual self, checking for a pattern, reminding people that the support is there, reminding people that it is ok to have time out, time to talk, or just time for a cup of tea if the going has been tough. It is our pledge to be honest and put real meaning behind the question 'How are you?' rather than it being a greeting. We actively sign up to genuinely caring about colleagues. We regularly have a week where we focus on proactively asking our wellbeing buddies 'are you ok?' and we focus on being aware of colleagues if they act differently. For our children, we work hard to model and talk about how to keep ourselves healthy in body and mind, without necessarily using the term 'mental health'. We share ideas about how to feel positive, how to recognise and change emotions, and how to regulate ourselves. We teach breathing in and out using the hand model, offer safe spaces to go to in order to calm down if needed and ask how our children are. We ask all our children if they have a trusted adult in school and home so that we know they have someone they can go to. We celebrate excellent examples of children taking positive steps for their wellbeing. For our families, we have an open-door culture and we ask with genuine care if families are alright if we can see a change. We listen without judgement and we promote seeking support and signpost to services. Each year we have an action plan and this year our focus is: to ensure that our children understand the language of mental health as 'healthy body, healthy mind' and that they can all name a Trusted Adult, and know our breathing techniques for wellbeing.

Message from the Executive Headteacher....

Next week you will be getting your letters regarding your child's attendance. I am delighted to say that almost everyone will be getting a 'well done' email, as your children's attendance is 96%+. Fantastic!

At all 3 schools we are currently above the national attendance, which is 95.93%.

At Castle Acre, our attendance is 96.1%, with 9 children who are Persistently Absent at this time and 10 who need to improve to 96%+

At Narborough, our attendance is 95.9% with 16 children who are Persistently Absent at this time and 11 who need to improve to 96%+

At Sporle, our attendance is 96.5% with 3 children who are Persistently Absent at this time and 15 who need to improve to 96%+. Sometimes there are excellent reasons for such absence, such as an operation or a childhood illness. Unfortunately, some children are PA because of a family holiday, which really does not support a strong and settled start to the year.

Well done to the families of the 59 children at CA, 73 children at Narb and 60 children at Sporle who have fabulous attendance!

Everyone else, please work hard to ensure your children reach this goal too, as it really does support their learning, social relationships, ability to settle and be secure in school and their well being.

A huge congratulations to all our families as there is a really strong punctuality across NVF, which is wonderful. Please try to arrive at 8.35am, so that your child benefits from the full 25 minutes of early work. School starts straight away at 8.35 - don't miss out!

Narborough Parent/Teacher/Friend Association (PTFA)

If you have any fundraising ideas or would like to join our PTFA, please contact Mrs Hamilton, Miss Maskell, or speak with the office, Thank you.



Prayer for the Week

Dear God,

Please look after people in need without homes, meals, fresh water and clean clothes, and if they are in Heaven please look after them there.

Amen

By Jasper



Thank you as always for your support and partnership,

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Miss Christina Maskell
Narborough C of E Primary Academy

A Neary

Executive Headteacher
Nar Valley Federation of Church Academies
Castle Acre, Narborough and Sporle C of E Primary Academy

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Healthy Body, Healthy Mind




Healthy Body Healthy Mind 😊

 Healthy Body 	 Healthy Mind 
To have a healthy body you could exercise and workout regularly. 	Reading helps with your spelling as well as your mind. 
 Eating fruit and veggies are another form of having a healthy body.	 Education is also a good thing for your mind.
Sweets are very unhealthy because they are full of sugar. 	Video games aren't very good for your mind. 